

# Welcome to webinar on Biological Age arranged by The Swedish Epidemiological Association



**When?** April 24th kl 14-15

**Where?** [Zoom](#)

**Theme:** Biological Age

Do you feel as old as you are? And how old are you really? In recent years, the concept of biological age has gained increasing attention. It reflects not only the wide variation that chronological age fails to capture, but also the growing focus on precision medicine, assessing treatment options and prognosis based on what a patient is actually capable of, rather than relying solely on chronological age.

In this upcoming webinar, we will hear **Sara Hägg**, Associate Professor at Karolinska Institutet, and **Ingmar Skoog**, senior Professor at Gothenburg University will talk about biological age, how it is applied, pros and cons, followed by a discussion.

14.00 Welcome. Karin Modig

14.05-14.25 Sara Hägg. Title: Longitudinal analyses of human biological aging

14.25-14.45 Ingmar Skoog. Title: The changing face of old age. The H70 Birth Cohort Studies

14.45-15.00 Joint discussion moderated by Karin Modig / Jonas Björk



*Sara Hägg and Ingmar Skoog*

*The seminar is open to everyone and will be held in English.*

*No registration required.*